

# Free\* 24/7 Urgent Care Virtual Visits



AveraNow is a convenient, no appointment necessary virtual visit program that connects you to a health provider 24/7 for treatment of simple illnesses and symptoms. It's free\* for most plans; no co-pay required. Simply log in to AveraNow to receive care for the following symptoms for members, age 2 and up:

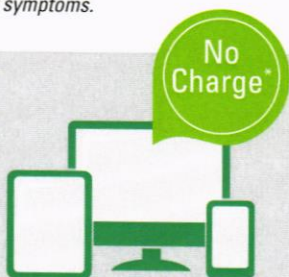
- Colds
- Flu
- Fever
- Sinus infections
- Seasonal allergies
- Rashes
- Pink eye
- Acid reflux
- Cold sores
- Urinary tract infections

*(Must be female and 16-65 years of age.)*

*This is not a comprehensive list of symptoms.*

AveraNow urgent care virtual visits are free\* to Avera Health Plans members.

\*For most members.  
Some limitations apply.



## Choose AveraNow when

- Regular clinic is closed
- Traveling
- No time away from work or home
- Want to save time and money

**AveraNow is available in every state to treat you where you are.**



## Sign up today!

**There are three easy ways to begin:**



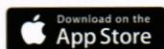
Download the app from the App Store or Google Play



Sign up at [Avera.org/now](http://Avera.org/now) using your tablet or desktop



Sign up by phone, call 855-269-3551



# AveraNow

NOTE: IRS guidelines indicate that members with HSA-eligible plans may be subject to tax penalties if they use the free AveraNow service. If you have an HSA-eligible plan, you may use your HSA or Flex spending dollars for this service.

**Avera**   
Health Plans

[AveraHealthPlans.com](http://AveraHealthPlans.com)