



Health Coverage with Connections

As a member of Avera Health Plans, you are connected to the Avera Health system. Together, we're focused on your everyday well-being and offer a network full of specialists, clinics and virtual care systems to seamlessly connect you to the care you need when you need it.

Along with the strength of the Avera system, we offer a network that includes:

- 92+ hospitals in a five-state region
- 4,300+ physicians and licensed practitioners
- 700+ physicians providing primary care
- Network coverage for out-of-state emergencies and employees and dependents living outside the coverage area

Our narrow network provides a cost-effective advantage without sacrificing quality care. To search for an in-network provider, access our sample provider directory at AveraHealthPlans.com.

- ▶ For help on navigating the health care system, transitioning to Avera for continuity of care and help with management of chronic health conditions, please contact Personal Health Services at **1-888-605-1331**.
- ▶ For more information on your plan and benefit questions, contact our Customer Care Team at **1-888-322-2115** or email service@averahealthplans.com.

Wherever you are along the journey, choose our health plan with connections.



In addition to our network, we've created additional benefits to help you stay as healthy as possible*, including:



AveraNow virtual video visits at no cost to you**



Membership discounts at select fitness businesses



Many preventive services are available at no cost



Well-being portal



Health coaches and nurses



Care coordination

*Each plan is different; look to your Summary of Benefits and Coverage (SBC) for more guidance on what is covered

**IRS guidelines indicate that members with HSA-eligible plans may be subject to tax penalties if they use the free AveraNow service. If you have an HSA-eligible plan, you may use your HSA or Flex spending dollars for this service.